

# Urodynamic Testing Instructions

## Preparing for the Study

You can continue taking your usual daily medications as directed as they will not interfere with this testing. Drinking several glasses of fluid about one hour before your appointment time usually insures a full bladder for the first portion of the test. Please do not schedule this test at a time that you may be having a menstrual period.

## Tests That May Be Done

**Uroflowmetry:** This test measures the amount and the speed of urine you void from your bladder. You will be asked to urinate on a commode that has a collection device that communicates with a computer. The computer will record your urine flow. The amount of urine left in your bladder after you void may also be measured by catheterizing you immediately after this test.

**Cystometry:** This test evaluates how much the bladder can hold, how strong the bladder muscle is, and how well the signals work that tells you when your bladder is full. Through a narrow catheter, your bladder is filled with sterile water. You will be asked to report when you are first aware that something is filling your bladder. You will be asked to report, secondly, when you feel like you would normally need to urinate. Thirdly, you will be asked to hold as much fluid as you can until you absolutely can hold no more. You will be asked several times during the testing to cough and bear down to see if you have any leakage of urine.

**Electromyogram:** This test helps evaluate muscle contractions that control urination. Electrode patches will be placed near the rectum and a thin sensor will be inserted into the rectum or vagina to make the recording.

## Getting Your Results

When the study is finished, Dr. Curran will discuss the results of the testing and suggestions for further evaluation and/or treatment options. You will be given some post testing instructions and an antibiotic to take for a few days after your test. Please inform him of any allergies to antibiotics.

**While most insurance carriers cover this testing, it is a good idea to check with your insurance company about benefits to minimize any unexpected out-of-pocket expenses. These are the CPT procedure codes that your insurance company may need to check your coverage. Your testing may include all of these procedures.**

### CPT Codes

51741 – Complex Uroflowmetry

51729 – Complex Cystometrogram

51784 – Electromyography studies – urethral sphincter

81001 – Complete Urine

87086 – Urine Culture

**\*\*\*\*Please fill out questionnaire below and bring with you to your appointment.\*\*\*\***

Number of Vaginal deliveries:\_\_\_\_\_ Weight of largest baby: \_\_\_\_\_ lb., \_\_\_\_\_ oz.

Any known injury to bladder or bowel with deliveries? Yes No

Height:\_\_\_\_\_ Weight:\_\_\_\_\_

Date of last menstrual period:\_\_\_\_\_

Surgical History:\_\_\_\_\_

Current Medications: \_\_\_\_\_

Allergies:\_\_\_\_\_

Do you have a history of bladder infections? Yes No

What are your symptoms and/or complaints that brought you in for testing? (Circle all that apply)

Urinary urgency                      Urinary frequency                      Urinary incontinence  
Stress incontinence

How long have these symptoms been present? \_\_\_\_\_

Are the symptoms affecting your quality of life? Yes No

Do you feel you have to go to the bathroom quickly to avoid leaking? Yes No

Do you feel that you completely empty your bladder? Yes No

What do you usually drink?

Water              Soda              Coffee  
Tea              Juice              Other\_\_\_\_\_

How many glasses do you drink a day:\_\_\_\_\_

Do you get up at night to urinate? Yes No

Do any of the following actives case leaking? (Circle all the apply)

Running              Walking              Coughing              Sneezing  
Laughing              Jumping              Other\_\_\_\_\_

Do you insert a finger in the vagina to help with a bowel movement? Yes No

Do you experience urgency and/or incontinence when you put the key in the door after arriving home? Yes No

**PLEASE BRING THIS FORM TO YOUR APPOINTMENT.**